

Patient Care Assistant (PCA)

Competency Training



Elite Home Care Solutions

GAPP-Compliant Caregiver Training



Infection Control

- Definition: Prevents spread of germs
- Handwashing is MOST important (20 seconds)
- Use standard precautions for ALL patients
- Wash hands when visibly soiled (not sanitizer)

PPE

- Use gloves for bodily fluids
- Change between tasks
- Never reuse PPE
- Prevents cross-contamination



ADLs

- Basic self-care tasks (bathing, feeding)
- Promote independence
- Maintain dignity and privacy

Feeding & Dysphagia

Dysphagia =
difficulty
swallowing

Always
upright
position

Prevent
aspiration



Repositioning

- Every 2 hours
- Prevents pressure injuries
- Keep skin clean and dry

Care Plan Compliance

Care	Care plan = REQUIRED guide for care
Follow	Follow EXACT instructions
Do NOT change	Do NOT change tasks independently
Report	Report changes to RN/agency



EVV Compliance

- EVV = Electronic Visit Verification
- Clock in/out YOURSELF
- GPS tracked visits
- Incorrect logging = compliance violation

Documentation



ACCURATE, TIMELY,
COMPLETE



DOCUMENT EVERY
VISIT



REPORT INCIDENTS
IMMEDIATELY

Incident Reporting

Report immediately:

Falls, injuries,
behavior changes

Medication concerns

Document same day

HIPAA



PROTECTS PATIENT
PRIVACY



SHARE INFO ONLY WITH
AUTHORIZED PERSONNEL



NEVER DISCUSS PATIENTS
PUBLICLY

Abuse, Neglect, Exploitation

Abuse = harm
(physical/emotional)

Neglect = failure to provide
care

Exploitation = misuse of
patient resources

Report immediately
(mandatory)



Professional Boundaries

Do NOT
accept

Do NOT accept gifts or money

Do NOT
borrow

Do NOT borrow from patients

Maintain

Maintain professional relationship

Professionalism



BE ON TIME



DRESS
APPROPRIATELY



COMMUNICATE
RESPECTFULLY

Emergency Response



STAY CALM



CALL 911 IF
NEEDED

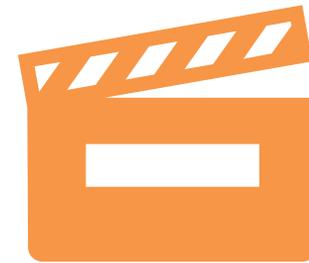


REPORT
IMMEDIATELY

Scenario: Fall



Patient falls



Action: Ensure safety and
report immediately

Scenario: Medication Request



ASKED TO GIVE UNLISTED
MEDICATION



ACTION: REFUSE AND
REPORT

Scenario: Infection Control



After toileting care



Action: Wash hands
immediately



Scenario: Emergency

- Patient not breathing
- Action: Call 911